

100 quotes by our members in honor of our 100 years of service and advocacy



# HONOR & EMPOWER



























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# Acknowledgements

District 28 is grateful to all our generous and resourceful members who submitted their "Why".

#### Special thanks go to:

- the district Board and Chairs who enthusiastically initiated this exercise;
- our knowledgeable and committed Public Relations Chair Kathrin Laubacher for collecting, editing, and posting all the quotes.







#### **About Zonta International**

Zonta International is a leading worldwide organization of professionals whose mission is to empower women and girls through service and advocacy, with consulting status at UN since 1946, and participative status at the Council of Europe.

Funded on **November 8, 1919**, its clubs are now present in 63 nations with about 29,000 members.

For more information on our mission and our activities, please visit: www.zonta.org

#### **About Zonta District 28**

District 28 comprises 57 clubs for a total of 1340 members in Italy, Germany, the German Switzerland, Liechtenstein and Turkey, organized in 3 areas.

For more information on our district goals and activities, please visit:

www.zontadistrict28.org www.facebook.com/ZONTAD28/



#### Message by the Governor of District 28

At the beginning of this biennium of the Centennial of Zonta International, in District 28 we were looking for ideas to create a series of interesting posts to be published on our social media, in order to enhance our visibility and celebrate the occasion.

We were looking for simple, effective messages about our organization, that could be meaningful both for the public and for our members. We also wished to involve our members in creating the content of these messages.

During our first district board meeting in September 2018, I asked our officers why they first joined Zonta International and why they have decided to stay. The group enjoyed the exercise, so we decided to extend the questions to our members.

The response was enthusiastic: we soon collected several quotes, and started to publish them weekly on the Facebook page of our district <a href="https://www.facebook.com/ZONTAD28/">https://www.facebook.com/ZONTAD28/</a>. These posts substantially increased the popularity of our Facebook page.

Moreover, what was intended to be a PR tool became a way get to know our District 28 members and what inspires them. My gratefulness goes to all the authors of these quotes, who contributed to build this picture of Zonta in District 28.

We exhibited the first quotes at our District Conference in Basel in June 2019. Some clubs held workshops on the subject, to revitalize the commitment of their members.

This is how we collected 100 quotes for Zonta International's 100 years of advocacy and service from our District 28 members. We proudly present them in this little book in honor of our Centennial, and to celebrate the commitment of our members, who are stepping into a new century of generosity and resourcefulness, under the mission of Zonta.

Fernanda Gallo Freschi Zonta International Governor District 28.



# What our Zontians say



The next pages contain 100 quotes from our members of all 3 areas, in a random order. Some members chose to be quoted anonymously, some allowed us to publish their name.



A star marks the quote from each area that reached the highest number of readers on our Facebook page.

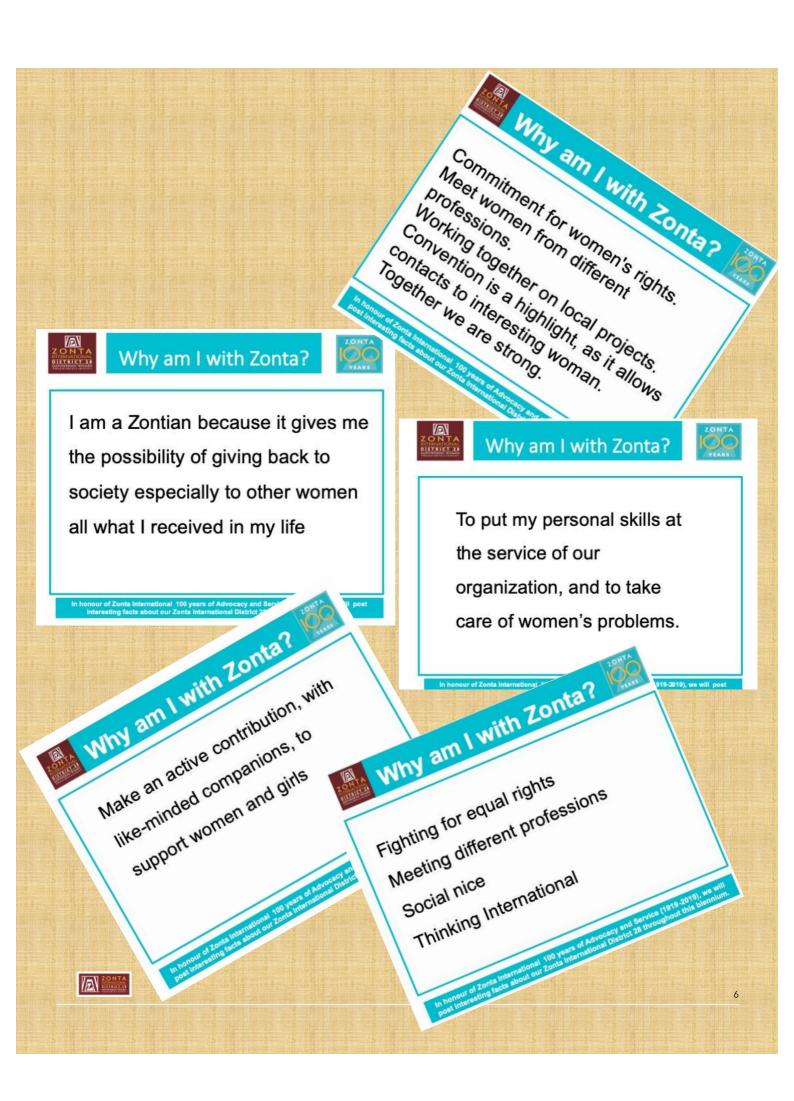
The most frequently recurring concepts in the quotes include:

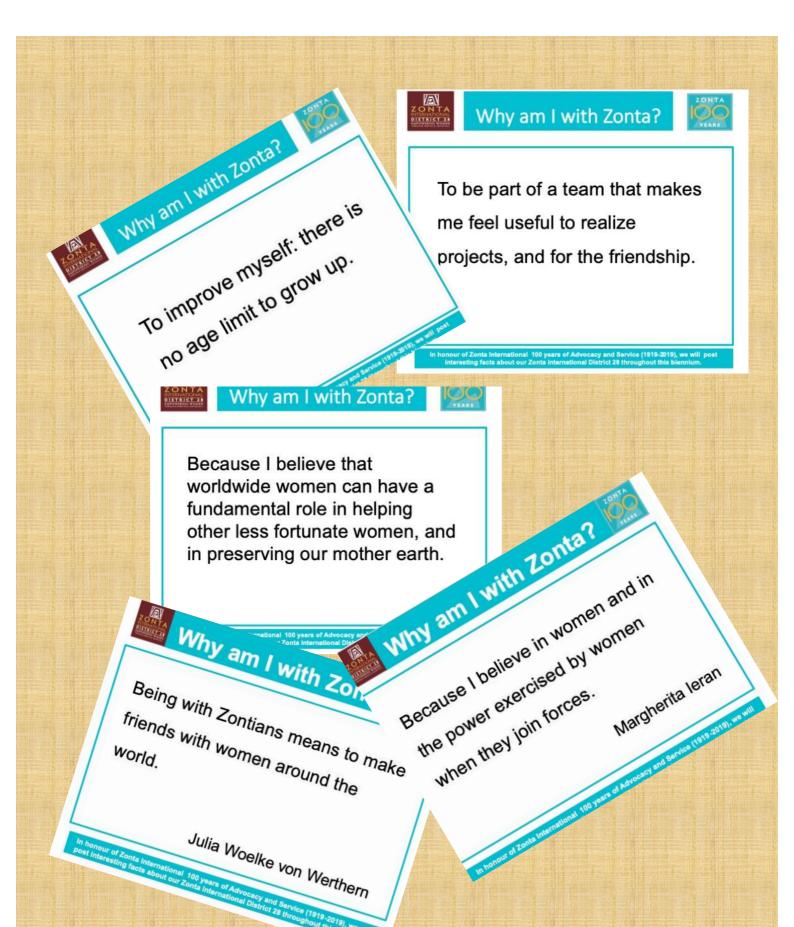
- Give women a voice, advocating from the local to the international level.
- Friendship among women of all generations.
- Teaming up with like-minded individuals to pursue our mission.
- Advocate for women rights are human rights.
- Support women and girls who are less privileged than us.
- Opportunities of personal growth through international networking.
- Pride for our results.

... and much more!

## Enjoy the reading!







ZONTA





### Why am I with Zo. a?





To give women more voice Stand up for women's rights Act against violence Local networking

Why am I with Zonta?

Lukretia



Laura Santagada

Why am I with Zonta?

Gender Equality

Support women who are not as privileged as we are for different reasons like Health, Education and Security

Kathrin Laubacher



#### Why am I with Zonta?

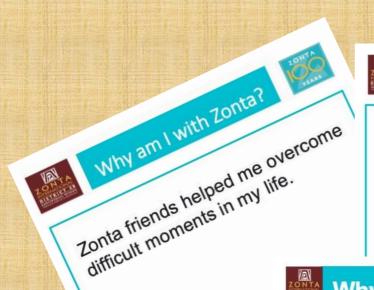


I have a voice and I am heard I want to support every woman to be aware of her own voice and that she is heard

Every voice counts!

Sonja Hartmann







Give women a voice that counts Meet great women

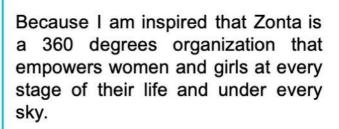
Kirsten Fritsche



#### Why am I with Zonta?



19-2019), we will ut this biennium.



Fernanda Gallo Freschi



#### Why am I with Zonta?



A friend convinced me to join Zonta, then I identified myself more and more with Zonta's mission.

Why am I with Zonta? Because Zonta makes a difference for many women worldwide.







Working with other women for meaningful and effective projects

Meet interesting women: in the club, in Switzerland and internationally Precious friendships and International network



#### Why am I with Zonta?



I like to achieve something with women

I like to support women beside my engagement at work

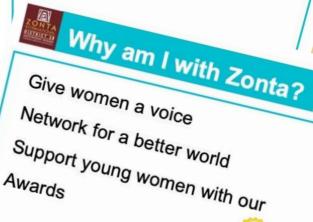


# Why am I with Zonta?



Zonta has accompaigned most of









#### Why am I with Zonta?



Because I do not feel represented in a men's world.

Because, as a woman, together with other Zontians I can contribute to bring change, and because Zonta is brings a light of hope.

Lucia Dema







I am with Zonta because it is an inspiring network, and because together we can bring some change.



#### Why am I with Zonta?



I am with Zonta, because: it is important to network and work together to further drive gender equality. We are not there, yet! it is a great way to meet great women.

Dr. Antje Reimann-Manai

#### Why am I with Zon

Friendship and network Empower women's rights A world for women seems to become a better world

Wandaria Stirry Strak Chinaraker Ordanication that supported me WITH OWN WITH TONGO? With a Drestigious scholarship

Why am I with Zonta? Because I believe that all over the world women have the right to a Daniela Monaco

better life.







Better life conditions for women Help not only individuals, but also communities Women Rights are Human Rights

Beate Normann



#### Why am I with Zonta?



Because I can engage not only with money but also with time and knowledge.

Also I can engage in concerns that are important: women's concerns.



Why am I with Zonta?

Gymnasium for life Friendship

Share knowledge, ideas and professional skills Ad<sub>vocacy</sub>



Nicoletta Salviato Why am I with Zonta?



I am a woman with three daughters, I am so fortunate

I would like that all women can say that - as this is very important to me



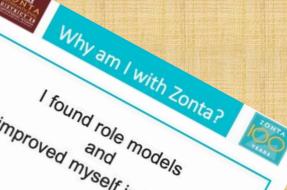
Why am I wi Because Zonta makes a difference for many women worldwide.







The solidarity with other women against violence and discrimination of women worldwide!



improved myself in Zonta



Why am I with Zonta?



Because advocating for women makes the life of new generations easier than ours



#### Why am I with Zonta?



**Education Gender Equality** Ideas sharing, experiences and friendship Improve women's life globally

Gabriella Fumarola

ny am I with Zonta?

Invited as speaker at a meeting. realized the power of your projects, and decided to apply. Zonta Perspective member







My former boss ordered me to be engaged on any form of club. So I visited all female organizations in town: Zonta impressed me most



#### Why am I with Zonta?





I have found colleagues with whom I can actively work on social projects and others

Knowledge and self-confidence Understand in order to support and empower

Francesca Mastrovito

#### Why am I with Zonta?



Advocacy on a high level Learn from each other

International Friendship

Service and helping others is

satisfactory

Renate von Köller

Why am I with Zonta? To support locally women in need. Engage myself for women's rights.

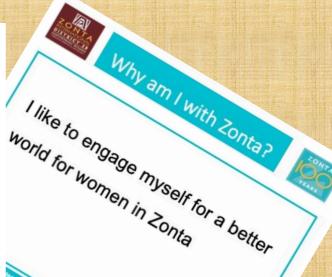






I am in Zonta to help improving the future of women, together with other women, and to learn from each other.

Hatice Durak





#### Why am I with Zonta?



Fighting violence against women is very important for me. I wish we could do more.



# Why am I with Zonta?



I am the daughter of a founding member of my club: my mother as well as the current club president are 93 years old

Gigliola Tremante



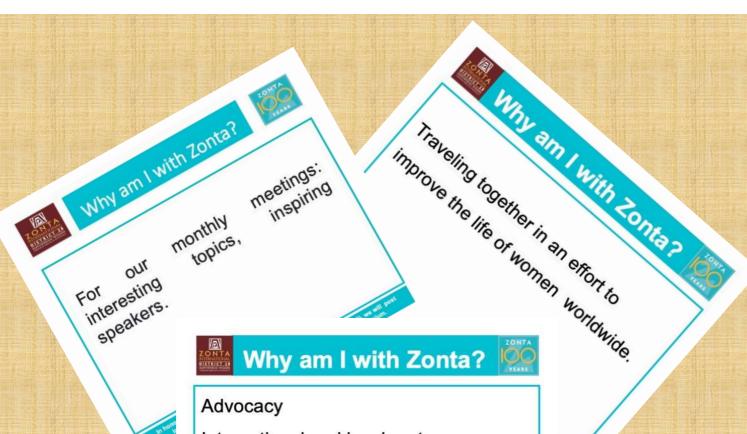
#### Why am I with Zonta?



30 years ago a dear friend asked me to join Zonta Since then, and covering many

offices, I found fantastic friends and interesting projects that gave me the motivation to continue to work and promote our great international family Renata Palandri





International and local root causes. not just symptoms Making a real impact to women's life

Fiona Ruff



#### Why am I with Zonta?

Committing to help less

fortunate women, in a difficult moment of my life, is helpful to make a change in my own life.

Why am I with Zonta?

Because I met women with unbelievable careers, impressive: educated children without external support and worked in a demanding I can view behind the scenes of women's worklengagement and can job.

actively participate.





Because the AE Fellowship precious constant represented contribution and a out my to carry motivation research.

AE Fellow



Why am I with Zonta? I do not remember why I joined many years ago, but volonteering for Zonta has been and still is important in my life.



Why am I with Zonta? Support disadvantaged women. International and national network social aspect. Maintain female friendship.



Why am I with Zonta?



experienced different service clubs, Zonta is more focused on specific mission that I embrace.



Why am I with Zonta?



I became a Zontian to help women I was aware that I would not be successful as a single individual

Massimiliana Martini







Because everywhere, even in the most advanced countries, women and girls can still improve their lives.



Why am I with Zonta? Engage with like-minded people for a fairer world of women Exchange with interesting woman from all over the world



#### Why am I with Zonta?



Work with committed women for a common cause Advancing the status of women Advocacy

Regine Frey

III I with Zonta?



Why am I with Organize Alumnae Meetings Friendship Support women Support young women

I cannot be active in Zonta as I used to be years ago, but I still enjoy my Zonta friends.

ZONTA





To engage myself for independence and security of women



Why am I with Zonta? Because I am on women's side, and I am committed to support Why am I with Zonta: Lucia Pangaro

Friendship Network



#### Why am I with Zonta?





#### Why am I with Zonta?



Sometimes feel that - [ my contribution is limited by my many commitments. Still, Zonta monthly meetings and events inspire me.

My life is less lonely with my Zonta friends. They make me feel useful. They say that I am the historical memory of the club.









Why am I with Zonta?

In my Zonta club I met many outstanding women in a variety of outstanding women in a variety the share and professions, but we all share and same goal to help women and girls.



Zonta changed a lot throughout the years.

I stay for local service and for friendship.



#### Why am I with Zonta? 🧖



I am fully convinced of the goals of Zonta International and I love the idea of being part of it and supporting these goals by serving for Zonta.

Beside this - for me working in a technical profession, mainly with men-Zonta is a great chance for me to meet interesting women on a similar level.

Meike Rieken



#### Why am I with Zonta?



Network and friendship is a gain Work with different generations and learn

Together we are strong to change Give every child a chance to learn

Eileen von Goldacker

Why am I with Zonta? Because together we can make the world a better



Daniela Battiston







I did not know Zonta, but after I met some of you I realized the strength of your goals and your mission. I accepted to become a member because I share your values.

From tomorrow, I will introduce myself as Silvia Bolzoni, proud to be a Zontian.

M NTA

#### Why am I with Zonta?



To grow up, collaborate to improve the status of women and to fundraise together with other women

n honour of Zonta International 100 years of Advocacy and Service (1919-2019), we will post interesting facts about our Zonta International District 28 throughout this blennium.

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#### ' <onta?



Because I believe in our mission and am proud to belong to our organisation.

Why am I with Zonta?

Because alone we are "nobody",

together we are strong. Franca

ZONTA

#### Why am I with Zonta?



Zonta is engaged for women: Local support in difficult situations and a good start into a professional life

International project against child marriage

Good network Maintain friendships

n honour of Zonta International 100 years of Advocacy and Service (1919-2019), we will out interesting facts about our Zonta International District 28 throughout this biennium.







To personally and concretely share and participate to our projects for the improvement of the status of women.

MariaPia Oneta



attend.

Why am I with Zonta? like to organize fundraising events with my Zonta club, and I am proud to invite my friends to



Why am I with Zonta?

Smart projects Internationality



Why am / with Zonta?

What motivates me to stay in Zonta Commitment to our mission comes from some members.



#### Why am I with Zonta?



Meet with many different and interesting women.

Support and education for women, who are not as privileged as we are.







Zonta is a great family of friends, where all generations share a common mission to empower women and girls.



Carla Gallo



Why am I with Zonta? Because I believe in the power of women, and in Zonta I am sure to help also those who live in far countries!



#### Why am I with Zonta?



After years of volunteering, mostly like to enjoy the meetings, and my Zonta friends.





#### Why am I with Zonta?



Advocating for women's rights and improving women's life worldwide, together with like minded and dedicated fellows - that is why I am a Zontian.



#### Why am I with Zonta?



Because effective strategies in favor of women can be carried out only with the involvement of women, especially those who can be inspiring example through their successful career and human achievements Maria Giambruno







I appreciate Zonta as a worldwide women network with a great of professions variety and personal experience.



Why am I with Zonta? Fundraising for service Smart Social events



Why am I with Zonta?

Opportunity to work actively on women's rights for a better world for women globally and to do this with many like minded women



Why am I with Zonta?

Social engagement is good for me. I like to work with women due to synergies. I like the exchange between older and YOUNGER WOMEN and enjoy friendships. I like the international network and I like challenges; for example working in a club board.



Why am I with Zonta?



friendship, Zonta means networking, service and support for other women, encouraging them to pursue their dreams.

Our AE fellows reunited in Basel, June 2019

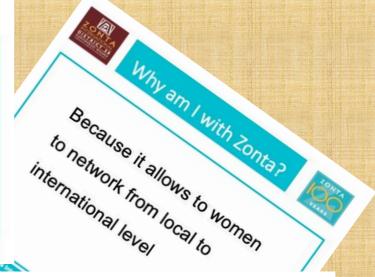






Knowing that there are women who are respected leaders in their professional life improves selfconfidence and provides inspiration to all girls and women in whom the spirit of adventure is alive.

AE Fellow



Because



Why am I with Zonta?



Because in favor of women and activities in favor of women and Why am I with Zonta

To meet friends and enjoy events, at the same time do and something good for other women.



Why am I with Zonta?



We, fortunate women who had access to good education and to a job of their choice, have the moral duty to support and empower less fortunate women and girls





# What is YOUR Why?

We wish to make this a living document. Please continue to send your quotes to D28 Public Relations Chair Kathrin Laubacher at:

contact@zontadistrict28.org



http://www.zontadistrict28.org/

https://www.facebook.com/ZONTAD28/